

The book was found

# Perfect Chaos: A Daughter's Journey To Survive Bipolar, A Mother's Struggle To Save Her

perfect chaos

a daughter's journey to survive bipolar,  
a mother's struggle to save her



## Synopsis

The Johnsons were a close and loving family living in the Seattle area - two parents, two incomes, two bright and accomplished daughters. They led busy lives filled with music lessons, college preparation, career demands, and laughter around the dinner table. Then the younger daughter, Linea, started experiencing crippling bouts of suicidal depression. Multiple trips to the psych ward resulted in a diagnosis of bipolar disorder, and it took many trial runs of drugs and ultimately electroshock therapy to bring Linea back. But her family never gave up on her. And Linea never stopped trying to find her way back to them. Perfect Chaos is the story of a mother and daughter's journey through mental illness towards hope. From initial worrying symptoms to long sleepless nights to cross-country flights and the slow understanding and rebuilding of trust, Perfect Chaos tells Linea and Cinda's harrowing and inspiring story, of an illness that they conquer together every day. It is the story of a daughter's courage, a mother's faith, and the love that carried them through the darkest times.

## Book Information

File Size: 632 KB

Print Length: 335 pages

Publisher: St. Martin's Press; 1 edition (May 8, 2012)

Publication Date: May 8, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B006JJPMM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #185,950 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #11

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Mental

Health > Bipolar Disorder #107 in Books > Health, Fitness & Dieting > Mental Health > Bipolar

#174 in Kindle Store > Kindle eBooks > Biographies & Memoirs > Professionals & Academics >

Medical

## Customer Reviews

I am the parent of three daughters, two of whom have mood disorders. Our family has lived with mental illness for 12 years. I am also a social worker and advocate working in the field of mental illness. In this capacity I have had the opportunity to read many personal stories ranging from self-published, yet to be published, never to be published as well as critically acclaimed best sellers. My personal belief is that many of these 'our story' books serve an important purpose for the author, but not for the public. The process of writing provides a journey of introspection, catharsis and healing. But for a story to make the leap to touching, teaching and impacting a broader audience, a book needs several key qualities. And I believe that 'Perfect Chaos' has these qualities. First, the story must be well written - compelling, capturing and SUSTAINING the readers' attention. Second, because every story is as unique as each of us, there need to be underlying threads which allow the reader to identify with aspects of the story, the circumstances, the characters, the feelings. The goal is not to try to be all things to all people, but rather to help the reader to find the similarities through our innermost hopes, fears and emotions. Third, we need a take away from the book. A sense of hope or empowerment, or a new found clarity and insight into a topic that may have been foreign to us. So, how did 'Perfect Chaos' measure up to these qualities for me? As you can tell by my rating, very well. But let me explain why. 'Perfect Chaos' is not a perfect book, but that is as much strength as a weakness. It's a real story, with real people in an all too real situation.

[Download to continue reading...](#)

Perfect Chaos: A Daughter's Journey to Survive Bipolar, a Mother's Struggle to Save Her Thin Wire: A mother's journey through her daughter's heroin addiction Bipolar Faith: A Black Woman's Journey with Depression and Faith You are 7! A Journal For My Daughter (The Mother-Daughter Journal Series) (Volume 8) You are 6! A Journal For My Daughter (The Mother-Daughter Journal Series) (Volume 7) You are 4! A Journal For My Daughter (The Mother-Daughter Journal Series) (Volume 5) Where She Came From : A Daughter's Search for Her Mother's History Six Ways to Keep the "Little" in Your Girl: Guiding Your Daughter from Her Tweens to Her Teens (Secret Keeper Girl's Series) Chaos, Gaia, Eros: A Chaos Pioneer Uncovers the Three Great Streams of History The Great Divorce: A Nineteenth-Century Mother's Extraordinary Fight Against Her Husband, the Shakers, and Her Times The Great Divorce: A Nineteenth-Century Mother's Extraordinary Fight against Her Husband, the Shakers, and Her Times Nancy Lancaster: Her Life, Her World, Her Art Love, Ellen: A Mother/Daughter Journey Miracles Happen: One Mother, One Daughter, One Journey Lily Lemon Blossom A Picture Perfect Play Day: ( It's the Perfect Playdate for Lily and her Best Friend Emmy. Children's Book) Mein Kampf - My Struggle: Unabridged edition of Hitler's original book - Four and a Half Years of Struggle against Lies, Stupidity, and Cowardice Bipolar

Disorder (Compact Research: Diseases & Disorders) Resources for Extraordinary Healing:  
Schizophrenia, Bipolar and Other Serious Mental Illnesses Madness: A Bipolar Life Perfect Phrases  
for the Perfect Interview: Hundreds of Ready-to-Use Phrases That Succinctly Demonstrate Your  
Skills, Your Experience and Your Value in Any Interview Situation (Perfect Phrases Series)

[Dmca](#)